

NKURINGO

Foundation Nursery & Primary School • August 2018

NEWSletter

People2People



FREE ONLINE NEWSLETTER FOR ALL SPONSORS AND FRIENDS



MIRACLES DO HAPPEN

see page 4

NTEKO

POSITIVE

LIVING HEALTH CENTRE PROJECT

NKURINGO Foundation Nursery & Primary School

NEWSletter

August 2018

FREE ONLINE NEWSLETTER FOR ALL SPONSORS AND FRIENDS



Dear Sponsors and Friends

Another month has passed – and again it has been full of excitement! Our newsletter is a little late this month as we were hoping to bring you the news you have all been waiting for – news on the operation to remove Jane's goitre. We have followed her story for months now as she has travelled from hospital appointment to hospital appointment with Asgario. She initially had to make the difficult decision on whether or not to have the operation which involves complex surgery and is not without risk. Finally last month Jane agreed to proceed and the date was set for 22nd August. We held the newsletter knowing how important this operation is to Jane. On 22nd August the surgeons saw Jane, did some more tests and told her to come back on 28th August. Still we waited. Today we had the frustrating news that there was not a space for her to have the op – she was effectively bumped off the list – as many of us have experienced in our own countries! The doctor said they could admit her but she might wait 3 weeks for surgery. Ever resourceful Asgario has found one of the surgeons who is happy to operate privately with his team on Wednesday 5th September. Still smiling Jane has been assured this is the last wait and the operation will go ahead next week without fail. We really hope to have good news in our September issue!

Luckily we had so much other good news to bring you we can still fill a newsletter! The two boys on our front cover are part of the Positive Living HIV group. We met this group in June. Depressed, hungry and ostracised from society this group was really low in spirits. We put out an appeal for goats and hens to provide an initial helping hand with eggs and milk – our Give Hope



This monthly newsletter is produced for the sponsors who help support the Nkuringo Foundation and Primary School. Written by Janet Duchesne and produced by Stephen Knowlden. Article contributions welcomed. Contact details for further information email janet.duchesne@speechcentre.co.uk or go to nkuringo website www.nkuringo.org.uk A new website is currently in the process of being built - hope to be with you soon



Give a Hen campaign. After our appeal for goats and hens for this group we were able to send a first wave of 87 hens and 12 goats to the group. We have another five hens and three goats still to give – and are happy to send more if you want to help! These two boys watched in amazement as strangers from the other side of the world sent them Hope that all would be well, they were not alone!

We are also pleased to see 15 children from Primary 7 were able to travel to Queen Elizabeth Park to study Salt Mining on Lake Katwe and visit the copper mines in the foothills of the Rwenzori Mountains – see pages 21 and 31. This is the first time the school has been able to offer such an amazing visit.

These children will be taking their National Exams later this year and it is hoped this visit will have expanded their minds and help them do well. Asgario is honest when he says such a trip would not have been possible if it had not been for the continued financial support of Sponsors and Friends – and he hopes it can be repeated every year for Primary 7.

We hope you enjoy reading the newsletter – which brings stories of both Nkuringo and our sponsors! Best wishes to Sara Williams and her new venture! Thanks to Rotherfield Primary School for their fund raising for Julius Niwagaba – and if you are anywhere near Kirkcaldy, Scotland on 2nd September please attend the Uganda Appeal (poster here). We will bring photos of the event next month!

Finally – welcome to our Go Uganda October 2018 group who are proudly showing off their fleeces on the back cover!



Enjoy!
Jan

Uganda Appeal

For the people of the remote village of Nkuringo in Uganda

2nd September, 11:30am - 5pm
Strathearn Hotel, Kirkcaldy

Strathearn hotel kindly donated the hall free for this event!

Psychic event with readers and healers, pet whisperer (animal photo required), crystal, tarot, reiki and therapist healing.

Also craft stalls to browse and amazing raffle prizes to be won!

Come along for an amazing day out!



DAV

DENIS

ELIZA

EMILY

ESMEE

FINLEY

MARGE

MARGO

MAX

NANCY

NICK

NICOLE

FRANK

FRANKIE

FRIENDA

GUY

GUY

HANNAH

OLIVIA

PAM

PAT

PATRICIA

PAUL

POPPY

HAPPY

HERMONI

HOPE

HOWARD

JACK

JACOB

LERIA

RON

RONNIE

ROSA

ROSSIE

RUSSELL

RYAN

SARAH

SHARNI

SOFIA

SPANGLE

SPECKLE

JAMES

JENNY

JOSE

JOSEPH

JOY

KAREN

SUMMER

SUSAN

TED

TENOR

IM

VIOLET

KARRIE

KIRSTY

LICKEN

LILY

LUCY

MARCUS

WATERLOO

WENIS

WILLIAM

ZABA

ZOE

ASGARIO



SPONSORED



CHILDREN

The gift of sponsorship is very precious. Not only does it give hope of a better future to a child but also to their family. Going to school is more than just learning – it enables the recipient to have a childhood in which they know they will be fed, will have the opportunity to play and grow in knowledge and confidence – and follow their dreams. The Nkuringo Foundation, Nursery and Primary School are getting great results in their exams thanks to the hard work of the teachers and the cash input provided

by the growing band of sponsors and friends that support all aspects of school life. Now we also help the Nkuringo Community Vocational Secondary School it means a child has the opportunity of following a path as far as they want or need to go. Here we bring you photos of some of the children we are now welcoming to the school: **Clare, Betty, Caleb, Sam, Narcisio, Mathias, Confidence, Genetious, Tracy, Gloria and Annet** all now have the chance that we take for granted – to work hard

and make their parents and sponsors proud. Thank you all so much for your continued support of our little community. I have just heard that another little girl – Catherine Kyimpaye Ayinembabazi – is also about to get good news! If you want to help in any way – with sponsorship, purchase of desks, books or anything at all – please get in touch – you will join a very special band of people!



ROTHERFIELD RAISES MONEY FOR JULIUS

Shirley Turner and Lynn Lunn had the tough job of deciding what support to give the budding entrepreneurs!



EMOJI EMPIRE

DOUBLE-CLICK TO EDIT

WHY AND WERE WE ARE MAKING THEM

We are making them to raise enough money for our class to go to KNOCKHATCH adventure park.

We are going to make them at Harriet's house and we are all going to take mini packs home to make as many as we can.

Parents have said they can come into school to help us iron them only if you say we can though.

WHAT ARE THEY?

These high quality keyrings are hand made to the best.

They are made from hammer beads which will make it the best accessory for your bag!

WHAT DO WE NEED

We will need

Yellow hammer beads

we will buy these of Amazon which have had the total of £1.50 but we would like the five pounds to invest in some other beads.

HOW MUCH DO THEY COST?

These hammer bead keyrings are being sold one pound but don't forget to look out for the limited edition which are being sold for one pound fifty pence

These adorable keyrings are around seventy pence to make or thirty pence for the normal we are planning on making ten limited edition and around twenty of the other keyrings each .

WHAT DAYS WILL WE SELL THEM

We are planning to sell them on

Monday 1st break

Wednesday 2nd break

Friday after school

THANK YOU FOR WATCHIN AND LISTENING!

IF YOU HAVE ANY QUESTIONS PLEASE ASK A MEMBER OF THE TEAM
PLEASE CONSIDER OUR

DURING JULY, the Year 6 children did some fund raising in order to pay for their end of term trip and also for Julius' sponsorship to be renewed so he could continue to receive his vital education. The children learned how businesses were run and were introduced to the terms turnover, gross profit and net profit. Then in small groups, they excitedly discussed which product they could make that would appeal to their market (other children in school) and generate a profit. Once they had decided upon their products, they produced prototypes and very persuasive power point presentations about how they intended to run their businesses, how they would market their goods and when to sell their items.

Then, each group participated in a tough Dragon's Den style presentation to their teachers: Mrs Turner and Mrs Lunn (who both went on the trip to Nkuringo in October 2017). They produced samples for the judges to look at. They diligently explained how their products were made, who and when they would be made. They also explained about the costs of the materials and then shared the expected net profits that could be generated. The teamwork involved was amazing and after successfully answering some tricky questions from the judges, they were given a small sum to purchase materials to start their businesses. The teachers were extremely impressed with their business propositions. The children loved running their own businesses, as they were keen to re-sponsor Julius before they went to Secondary School. They enthusiastically marketed their products by creating posters and informing parents in their school newsletter. Once their products were made, they sold them during playtime and after school. Their goods were so popular that they quickly reached their target and as a result Julius now knows that he can continue to go to school. Well done Year 6. An amazing achievement. You truly are a class of budding entrepreneurs!

Other themes

There were a variety of businesses set up as follows:

Super Slime – This group created a variety of different coloured homemade slime – including some with glitter and little charms.

Fabulous Flavoured Smoothies – This group created a variety of refreshing and healthy smoothies.

Planks - This group had a supply of pre-cut wooden name planks which they stencilled and decorated to order.

Cool Creams – This group made a variety of delicious ice-lollies. They created their own flavours –the most popular being lemonade with real raspberries.

Emoji Empire – This group made keyrings from hammerbeads. They had a variety of designs including: smiley faces, poops and limited edition England World Cup keyrings.

Squish and Squash – This group made squishies which balloons filled with flour. They decorated them with a range of quirky faces using googly eyes.

NEWS ON

NKURINGO COMMUNITY VOCATIONAL SECONDARY SCHOOL



FOLLOWING ON FROM last month's newsletter, we asked Denis Twebeze (head teacher) to send us more photos of the students and their life at school. It is so lovely to receive pictures of the students with huge smiles on their faces as they carry out their daily activities. They clearly love being at school and are so happy to have been given the chance to get the education they thoroughly deserve! We say this all the time but the sponsorship programme for children at the primary school as well as the secondary school is so important for children in Uganda and it is thanks to people like you that these children are here. There will be more children needing sponsorship next year for the secondary school. If you know anyone who might be interested in helping, we will be starting a list of potential sponsors ready for this. Please send an email to melasizz@yahoo.co.uk. The children work so hard to pass their Primary Seven Exams in order to be able to start at secondary, but passing the exam is only one hurdle: they have to then find the money to keep their schooling going and for a lot of Ugandan families, they just can't afford to do this. That is where people like you come in!



Here are photos of a few children reading the latest Nkuringo Newsletter. They love receiving copies and especially love to see photos of themselves in the newsletters. It is also really important for the students to see what people over in the UK and other countries, are doing for them. They really do appreciate everything we do.



MANAGED BY MEL DOLDING AND KATE BISHOP

PLEASE NOTE If you would like to donate, please email Mel at melasizz@yahoo.co.uk or post on her facebook page or the Go Uganda facebook page. She will then send you details of what to do.

Sport and being active is also a very important part of school life. Denis: " We have introduced Volleyball at school which is liked by the majority of students."



Head Teacher Denis says " As one of the school objectives is to produce ambitious and well-focused citizens who will contribute to the preservation of the environment, the school has set up a Wild Life Club. These students are planting different trees in the school compound as one way of preserving the environment."



Meet some of our teachers!



Consesa Twikirize
Consesa is 27 years old and from the village of Kahurire village. She has a degree in Entrepreneurship and she teaches Entrepreneurship from senior one to senior three. She completed her degree at the University of Kabale, Uganda. Apart from teaching, Consesa is very experienced in mat weaving. She has seven year's experience in mat weaving. The majority Ugandans, especially poor people, use mats as their mattresses because they do not have the money to purchase modern mattresses as we know them.

She supplements her income by selling mats to the local people. Each mat costs 5 US dollars. Consesa is also training secondary school students, especially girls, to weave mats too as one of the school objectives is to ensure all students leave with skills for future survival.

Udita Twikirize

Udita Twikirize is 25 years old and comes from the village of Kashija. Udita has a degree in Christian Religious Education (CRE). She teaches Christian Religious Education from senior one to senior three. She completed her degree at the University of Kabale, Uganda.

Apart from teaching Udita is an experienced knitter. She has also earned money from her knitting and teaches the secondary school students, especially girls, to knit.



Moses
Moses is 24 years old and comes from the village of Kanyamegeri. He has a degree in physics and teaches physics from senior 1,2 and 3. Moses completed his degree at the University of Ndejje in the Mukono district of Uganda.

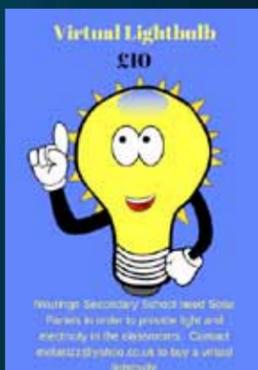
He is also a class teacher of Senior Two. Apart from teaching, Moses has a poultry project at his home. He gets some money from his project as his side income. Moses sells hens and eggs to enable him to pay for the education of his brothers and sisters so they too can progress as he has. The family is happy to see how Moses has thrived through education.

Nkuringo Secondary School need Solar Panels in order to provide light and electricity in their classrooms

We are so close to our target of £1200, which will buy four solar panels for Nkuringo Secondary School. This will make a huge difference to the school, providing them with more energy, enabling them to do so much more during their school day and into the evenings. Thank you to everyone who has bought a virtual light bulb or donated a lump sum. You will be making such a huge difference to the school and education of all the students at the school. So thank you very much to

- | | | |
|---------|------------------------------|---------------------|
| Janet | Julian's Fish & Chip patrons | Rachel |
| Maria | | Rotherfield School |
| Janice | Linda | Sarah |
| Kirsty | Anne | Jo |
| Emma | Shirley | Sarah |
| Pat | Dean | Kate's family |
| Max | Nicola | Amanda |
| Mel | Chris | and Einstein Class! |
| Georgie | Sue | Peter |
| | Leanda | |

We just need **£75** more, so please spread the word about the Virtual Light Bulb Campaign. £10 buys you a "light bulb" or any donation of any amount would be very gratefully received. Contact Mel Dolding or Kate Bishop if you would like to contribute – either via facebook or email melasizz@yahoo.co.uk.



VIRTUAL LIGHT BULB FUND



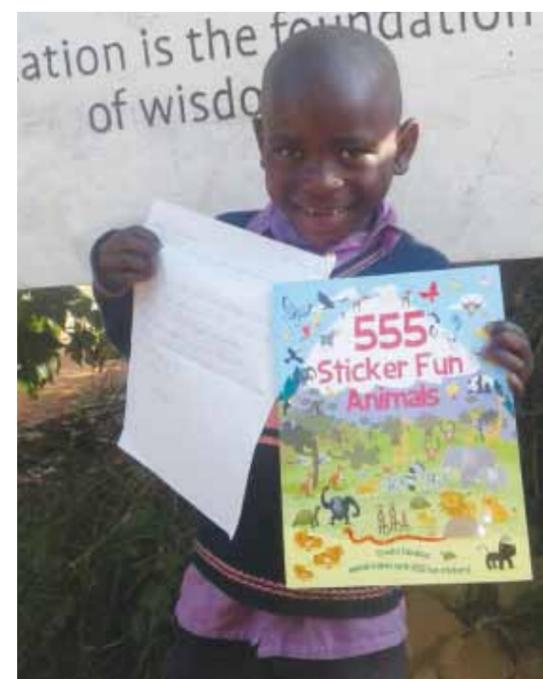
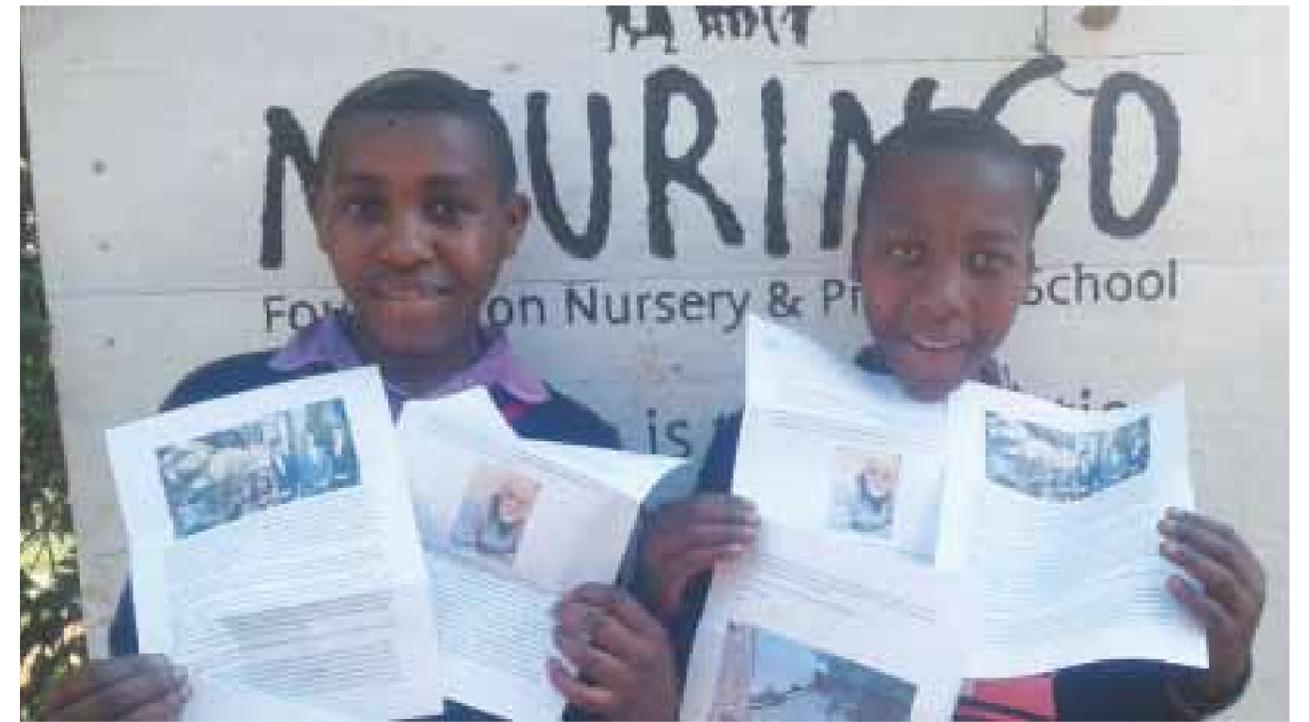
JUMPERS & DESKS

When we visited Nkuringo in June this year Tara Garritt noted how many of the school jumpers were in disrepair. Some of these children wear their jumpers continuously and it shows! Asgario has had words with the parents about caring for the jumpers. Go Uganda groups take clothes out to the children so most of them will now have another jumper or top they can wear when not in school. However Tara and Mark Garritt kindly provided funds to knit new jumpers for those most in need. You can see them being made here! They also purchased three more desk sets for the growing classes. Thank you so much for your continued support!



GIFTS & LETTERS

The children are always thrilled to receive letters and gifts from their sponsors! Letters may sometimes take some time to reach the school – they are sent to a post box which is only collected from every couple of weeks – but the children are very excited when a letter does arrive! Remember your letters can only contain printed matter (photos, stickers etc) – other gifts have to be taken out by our Go Uganda groups.



Please do take the time to write to your sponsor children – they will write back – we usually bring the letters back with us when we visit.

Letters should be sent to:

Nkuringo Foundation Nursery & Primary School,
P.O Box 36385,
Kampala
Uganda.
Attn : (name of child)
c/o Asgario Turyagyenda (Director)

Don't forget to print PRINTED MATTER on the envelope and stick on an airmail sticker!

You can also send the money for goats (£30) and hens (£10) to the school itself or to the families of your sponsor children. These gifts do make a real difference as you can see! Message me for details!



PRIMARY 7

A TRIP TO REMEMBER

We all know the excitement generated in the school by our trips to Lake Mutanda with the Go Uganda groups. Most children have never travelled further than they can walk, most have not seen a lake or a tarmac road. The Lake Mutanda trips are slowly changing that.

This month the school did something they have never been able to do before – they took 15 children from Primary 7 on a two day trip to the Queen Elizabeth Park. They visited the Kilembe Copper mines in the foothills of the Rwenzori Mountains and studied salt mining on Lake Katwe. They all slept (4 to a room) in a cheap hotel overnight and had meals in proper restaurants! It was 2 days they will never forget – and it is hoped the experience will help them when they take their National Exam later this year.

It is only because of the sponsorships and financial support provided by you that such a trip could even be contemplated. You are changing lives and enabling these children to reach out and understand the evolving world around them.

Thank you!



GRAND OPENING OF THE PATCHWORK CAT

We first got to know Jan Williams and Sara Williams when their Brownie Unit raised the money to sponsor Sylvia. Jan and Sara also sponsor Saviour and Valence. We are thrilled to bring news of Sara's new venture - the Patchwork Cat, café and craft shop, in Newhaven. Sublime Coffee and Cakes! Really worth a visit!!



Above: Saviour (sponsored by Sara)

Above right: Valence (sponsored by Jan)

Right: Sylvia (sponsored by the Brownie Group)



We wish you every success Sara!!!

Left: Sara and Jan at the Grand Opening of The Patchwork Cat

Right: Wendy, Sara's sister, busy serving coffee and scrumptious home-made cakes

ABOUT 5 YEARS ago I developed an obsession with a form of patchwork called EPP (English Paper Piecing), but with a busy life in general I didn't have time to do as much as I would like. So I had the bright idea of making it my job! And so The Patchwork Cat idea was born. I found the premises in August of last year, and because it was such a large shop I realised that I could incorporate sewing along with two sectors that I had previously enjoyed working in..... catering and working with adults with learning and physical disabilities. I realised that I could have the fabric shop, offer classes and have a small cafe. The cafe offers light snacks and good homemade cake. But the classes are really what is close to my heart. I love to learn and I hope other people are too. We will offer general sewing classes to include patchwork, bag making, applique, table runners etc, and these will be taught by my friend Miriam who is much more experienced than me. But I will offer crafting classes to parent and toddlers, home educated children, adults and children with learning and physical disabilities, OAPs and open crafting sessions. My aim is to stop isolation for those areas of the community who may otherwise be stuck at home with no one to talk to. I aim to create a unique creative space where people can come along, learn and new skill and make new friends. I have been amazed at the level of support I have received already, and look forward to welcoming many through the doors.



ENOOTH

has his second of three operations



A little update on the amazing journey of Enoth Tuka-muhebwa. As you know last month we reported on the first operation he received to remove a large keloid growth on his ear. The stitches are out and Enoth is now brimming with confidence and feeling so much better! This month he had his second operation to remove some of the growths on his body. There are too many to do in one go as they have to be removed, stitched and then monitored to watch they do not return. Enoth was accompanied again by his father and Asgario – who has been there to support all our patients as required. The operation went very well and Enoth cannot wait to return and complete his treatment! Thank you again to all those who contribute to the medical fund to ensure anyone in need can have the help required to live a healthier life. It has certainly made an enormous difference to Enoth already!!



IT'S ON OFFER - TREAT YOURSELF



UP IN THE CLOUDS
By Tara Garritt

We stay in the beautiful well-kept Mt. Kigezi Hotel when in Mt. Kigezi. There is another place to stay - one that is budget friendly and offers a special holiday experience. It's called Clouds Mountain Gorilla Lodge.

UP IN THE CLOUDS Mountain Gorilla Lodge is the newest addition to the Mt. Kigezi Hotel. It is a beautiful lodge with a view of the mountains and the lake. The lodge is a perfect place to stay when you are in Mt. Kigezi. It offers a special holiday experience. It is a beautiful lodge with a view of the mountains and the lake. The lodge is a perfect place to stay when you are in Mt. Kigezi. It offers a special holiday experience.

NEWSletter
IN JULY'S EDITION of the newsletter we learnt more about the fabulous **Clouds Mountain Gorilla Lodge**. If you'd like to experience a little luxury for a couple of nights, then why not have look at the website

www.wildplacesafrica.com In recognition of the work we're doing locally, they've kindly offered us a discounted rate of \$351 per person per night (valid for a minimum of two consecutive nights during low season months of March, April, May, Oct, Nov). For the rest of the year they've offered a rate of \$544 per person per night. These rates include, full board meals, non premium brand drinks and laundry services.

Tara Garritt
07776 464696
Fundraising for the Nkuringo Foundation, Uganda



24 excited members of **Go Uganda October 2018** prepare for their adventure! Fleeces ready, bags being packed, they know this will be a journey they will never forget! Remember if you want to join a future Go Uganda trip you can! You can meet all the people you read about in these pages and help us make a real difference.



Welcome to:
Jan, Martyn, Susan, Helen
Juliette, Jes, Tony, Zara, Karrie
Devin, Bob, Jenny
Ruth, Tara
Kate, William, Zonja, Jess
Ross, Anita, James, Jasmine, Karen, Kelly

